

Check out our handy Salsa Class FAQs



Do I need a partner?

Most students come on their own and do not have a regular partner, so it's great for making new friends in the area who have similar interests. If you wish to bring a partner however it is entirely up to you, but certainly not required. As we teach, we routinely rotate partners so everyone has a chance to dance with everyone else. This really improves your dancing, and is especially beneficial when you're just learning because if you stay with one partner, you tend to adapt to his or her specific habits, and sometimes they are not always correct. It also helps you to get to know your fellow students.

What age group is catered for?

Classes are currently for adults only.

Do I need to book?

There is no need to book, simply turn up five minutes before the class start time, however we are normally open 15 minutes before the class starts so come for a chat before we begin and meet fellow students.

What should I wear for class?

Students should wear clothes that are light and comfortable and that do not restrict movement, you may get a little hot though so a small towel for the men and a fan for the ladies doesn't go a miss. We have a range of beautiful hand held fans for sale at class, we know they are not something readily available in Chorley!

Do I need special dance shoes?

Dance shoes are helpful but not essential in the beginner class, however you should not wear trainers or shoes with heavy soles, pointed or stiletto heels as they will damage the studio floor and inhibit the learning of good technique.

How large are the Salsa classes?

Class size may vary from week to week, but they tend to range in size from 15 to 30 people.

What happens if I miss a class?

Every week we review what has been taught the week prior, so if you miss a class you will be briefed the following week. We will always be sensitive and willing to assist anyone who has been absent to get them up to speed with the rest of the class. If you have concerns just call us or speak to us at class. And you absolutely don't have to pay for any missed weeks. Even our 6 class discount package doesn't have to be used consecutively.

How can I practice what I learn?

You can practice what you learn either at home, at the end of class or at socials. We will always give you the opportunity to record a turn pattern on your phone at the end of the class and we also load this to our class facebook group "4TLOD" so you can always refer back to it later.

What is a social?

A social is an informal dance, where students come to practice what they have learnt in their classes. Helen and Carl run 4 socials a year at ... wait for it... the world famous Blackpool Tower Ballroom, where you will meet dancers from all over the UK and beyond! All our students have access to VIP queue jump tickets and exclusive reserved seating at our Blackpool Tower social events.

Do you do private lessons ?

Carl and Helen do offer private lessons subject to availability, please ask us for more information, this is an excellent opportunity to give you individual attention, bespoke to your needs, however we will always attempt to do this to some degree in a group class.

Feeling nervous?

It can be daunting turning up to class, that's completely normal. We teach in a very informal way and there is no pressure to get things right, we only ask that you enjoy it and have fun.